



## Disclaimer

The information you provide is confidential. MG Pilates offers quality care and advice however the responsibility for compliance with this advice rests with the participant.

MG Pilates does not accept any responsibility for any injury, loss, or damage to any persons or property sustained or arising from any session or use of the premises. Persons undertake classes at their own risk.

All of the information I have provided is accurate to the best of my knowledge. I understand that if there is a change in my physical or medical condition that I will notify my instructor.

I accept responsibility for the fees associated with my Pilates sessions this includes cancellation fees. There is a 24hr cancellation or no show policy at which the cost of one session will apply except in the case of an extreme emergency. Pre paid blocks are non refundable.

If under 18, a parent or guardian must sign.

I have read thoroughly and understand all of the above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_